

A NEWSLETTER

FOR DONORS

& FRIENDS OF PRESBYTERIAN HEALTHCARE FOUNDATION

giving

 **PRESBYTERIAN**
Healthcare Foundation

Winter 2022



Contributing *to a* **Culture of Excellence**

Dr. Amit and Sarita Garg's Family Fund supports his Presbyterian Cancer Care colleagues.

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Presbyterian Healthcare Foundation is a 501(c)(3) nonprofit organization. When you give, 100% of your gift is directed toward improving the health and lives of New Mexicans. No portion of your gift supports fundraising or administrative expenses.

Looking Ahead

Returning to in-person celebrations has been a wonderful and welcome change this year. Events like Laughter is the Best Medicine, our Donor Appreciation Reception and the Presbyterian Robert Wertheim Hospice House grand opening gave us an opportunity to celebrate our Presbyterian Healthcare Foundation donors in person and express our gratitude face to face. There's just no substitute for being in the company of those who so generously and energetically support the work we do.

In the new year, the Foundation will continue its focus on expanding the Presbyterian Neuroscience program and look to support other priority care areas. We are also focused more than ever on taking care of our people, so that they can bring their best selves to caring for others. Our employee wellness and clinician renewal programs, as well as nursing and staff education, remain priorities. Finally, we will look to provide more resources to the most disadvantaged members of our community with increased support for Presbyterian Community Health Food Farmacy and other programs.

As 2022 comes to a close, we are forever grateful for the philanthropy that allows Presbyterian to pursue its commitment to excellence. Your generosity is inspiring, and we thank you for your support.

Smart Ways to Give

Thinking about a gift to Presbyterian Healthcare Foundation and wondering how best to stretch your dollars? Consider these strategies, which may provide tax benefits or other advantages.

IRA Rollover Gifts

Those 70½ years old and older can give any amount (up to a maximum of \$100,000 per year) from an IRA directly to a qualified charity such as PHF. This popular gift option is called an IRA charitable rollover, or qualified charitable distribution. You will not pay income taxes on the transfer to PHF. If you are required to take minimum distributions, you can use this transfer to satisfy all or part of your obligation.

Gifts of Appreciated Stock

Using appreciated stock as a charitable gift allows you to avoid capital gains tax and qualify for an income tax deduction based on today's market value when you itemize.

Contact your brokerage firm, bank, or investment advisor for the exact process required to make this donation. Contact us at (505) 724-6580 or go to www.phs.org/giftplanning for transfer instructions. It's helpful if you (or your advisor/financial institution on your behalf) contact PHF and let

us know your name and quantity of the stock you're gifting and how you would like to designate your donation (unrestricted or in support of a specific care area or program).

Donor-Advised Fund (DAF) Gifts

PHF accepts contributions from donor-advised funds. Consider giving directly to PHF to avoid any fees from your DAF provider. Gifts to PHF incur no fees.

*Please remember
Presbyterian Healthcare Foundation
in your will and estate planning.*

If you are contemplating a charitable gift, we recommend you consult with a tax professional. For more information, visit phs.org/giftplanning or contact Rick Scott at rscott4@phs.org or (505) 724-7509.

"Dr. Friedman has become one of our most generous physician donors. He has a colorful personality and great sense of humor, which we all appreciate. We have tremendous gratitude for his generous support and enthusiasm over the years."

– Rick Scott

who's on board

Presbyterian
Healthcare Foundation
Board Member

Dan FRIEDMAN MD

Dan Friedman, MD, walks the talk, literally.

As a Presbyterian cardiologist, he averages 15,000 steps per day, stays active, and writes and performs music, all while taking care of patients, raising his family and serving on the Presbyterian Healthcare Foundation (PHF) board of directors. When his term ends this year, he will have attended every Laughter is the Best Medicine event since 1998. "All the way back to Joan Rivers," he says.

A native of New Mexico who earned a bachelors' degree from Amherst College, attended Duke University Medical School and completed his cardiology training at University of Texas Southwest Medical Center and Parkland Hospital, Dr. Friedman returned to New Mexico in 1994. He joined the New Mexico Heart Institute for two and a half years before starting the Presbyterian Heart Group with three colleagues. In 2002, at the suggestion of a colleague, he joined the Presbyterian Healthcare Foundation board.

"I was drawn to the Foundation board because it has this very diverse base of people. I like that it's very different from my other work as part of the Presbyterian delivery system," he says. "With PHF, I can see that they

always have their eye on the right purpose. Their work benefits the health of New Mexicans, which is a very clear connection I can experience firsthand as a physician."

Dr. Friedman has also enjoyed seeing his local community evolve with the growth of new Presbyterian buildings, from Presbyterian Rust Medical Center to Presbyterian Santa Fe Medical Center to the new Presbyterian Hospital bed tower, scheduled to open in 2023. "I know the prettiness of the building is not the measure of a hospital system, but if you're going to show up every day and work many hours, or be a patient or a patient's family, being in a beautiful, comfortable environment can make a difficult time more pleasant."

As his term comes to an end, Dr. Friedman hopes to see more physicians play a role on the board, "so they can see the things I see. This Foundation is providing things to our patients that would not otherwise be made available. Having physicians involved means something to people because they see that our own community is participating," he says.

Thank you!

We salute our outgoing board members, whose terms end this year after a combined 88 years of service to Presbyterian Healthcare Foundation.

Nathan Armstrong
Dan Friedman, MD
Andrea Hanson
Bob Jung
Bart Kinney
Rob Melendez, MD

giving
in action

Guardian Angel Gift
Honors Dr. Jennifer Bishop



When Friends **BECOME PATIENTS**

*Dr. Bishop with her daughter
Avery (left) and Jennifer Hull
enjoy a neighborhood celebration.*

Jennifer “Jen” Hull and Jennifer Bishop, MD, moved in next door to each other just a few months before Hull learned she had breast cancer. The two had become friends in that short time, but the diagnosis brought them even closer together when Dr. Bishop, a breast surgical oncologist at Presbyterian Rust Medical Center, began to care for Hull as a patient.

“She’s extremely thorough, conscientious, and open minded, and she was absolutely devoted to my care. Throughout the process, I felt she and I were on the same page. It’s like calling your sister in a time of need,” Hull says.

Hull grew up in New York and California, then made her way to Taos, New Mexico, where she taught writing and college-level reading courses at the University of New Mexico-Taos campus and a wide variety of subjects within an academic enrichment program for high-aptitude students at Taos Middle School. She is the author of *Shook*, a book about the life and career of her friend, New Mexico mountain guide Dave Hahn, who has summited Mt. Everest numerous times and experienced an earthquake during a Mt. Everest expedition in 2015.

Hull did not learn about the Guardian Angel program until after her time as a patient, but credits Dr. Bishop for saving her life and made a gift in her honor last year. Beyond the monetary value, Hull says her donation is about recognizing the impact physicians have on their patients’ lives. She also feels very strongly about sharing her patient experience to educate others.

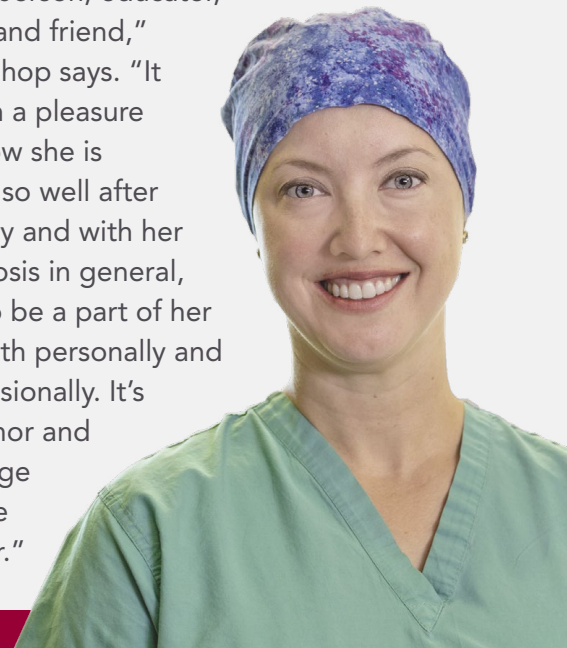
“As a cancer patient, you have to make a massive number of decisions. Most of them are not clear; there are always pros and serious cons. I feel very strongly that any time anyone asks me about my experience, it’s imperative to share because it’s educational for others,” Hull says. Together, she and Dr. Bishop have been interviewed by local news stations and the *Albuquerque Journal* about mammogram awareness.

“These types of awards and programs get people talking. It helps to know you’re not going through cancer alone and hearing other people’s stories can help you make your own decisions about your care.”

– Jennifer Hull

Dr. Bishop attended medical school at McGill University in Montreal and completed her residency at Stamford Hospital in Connecticut, followed by a fellowship at Yale University. She joined Presbyterian in 2016 when her husband, an orthopedic surgeon, was recruited to join New Mexico Orthopedics. She says the most enjoyable part of her work is “definitely my colleagues in the oncology department and the breast care team.”

“I have a wonderful relationship with Jen. She is just delightful, smart, funny, and a great person, educator, mom and friend,” Dr. Bishop says. “It is such a pleasure to know she is doing so well after surgery and with her diagnosis in general, and to be a part of her life both personally and professionally. It’s an honor and privilege to care for her.”



Honor Your Guardian Angel

Guardian Angel gifts recognize the exceptional care of physicians, nurses and staff while benefiting their departments with funds for new programs and equipment. To learn more, call (505) 724-7003 or visit www.phs.org/guardianangel.



Garg Family
Fund Supports
Radiation
Oncology

Contributing to a Culture of Excellence

*Sarita and Amit Garg
with their three children
(from left to right),
Annika (8), Ashreya (9),
Ketan (13) and pet Coco.*

When Amit Garg, MD, and his wife Sarita first moved to Albuquerque from Houston in 2009, they didn't expect to be in New Mexico for the long term. At the time, Dr. Garg, a radiation oncologist, was part of an MD Anderson Cancer Center radiation oncology partnership with Presbyterian. Thirteen years later, in January 2022, the MD Anderson Cancer Center team transitioned oversight and operations of the radiation oncology program to Presbyterian Medical Group. The Presbyterian Cancer Care team remains a part of the MD Anderson Cancer Network® as a Certified Member.

"To be able to take the very best from where we've been and tailor those collective experiences and processes to best serve our local community and institution moving forward means a great deal to our entire group," says Dr. Garg, Medical Director, Radiation Oncology.

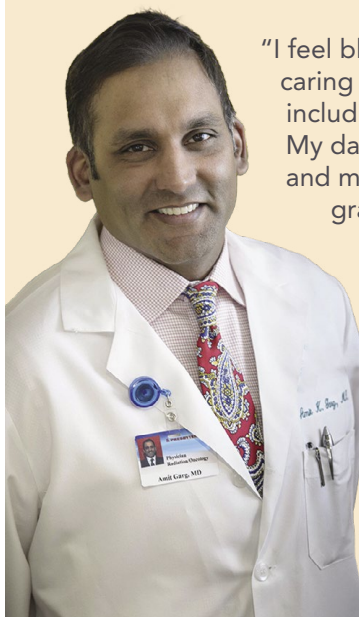
The transition was a year in the making and required transferring 16 IT systems and revamping every process while ensuring consistent care delivery. The system switch was seamless and patient care was uninterrupted. The smooth transition is a testament to careful planning, collaboration and hard work by the clinical operations team of clinicians, medical physics, dosimetry, therapy and nursing.

"I've been so impressed by how well this all came together. This transition was a major inflection point for me professionally and personally," Dr. Garg says. "My family and I love New Mexico and the community we live in. We thought what's a better time to contribute than now, given the fact that we have made a commitment to be in this community long-term and Presbyterian has made a commitment to incorporate our entire radiation oncology program into their system?"

To show their appreciation, Dr. Garg and his wife, Sarita, have pledged a generous gift that will create an endowed fund to support his colleagues at Presbyterian Cancer Care. The Dr. Amit and Sarita Garg Family Fund for Excellence in Radiation Oncology will fund needs including nursing/staff education, amenities for providers and staff (including team-building activities and celebrations), patient assistance, capital projects and programs. The Gargs are most passionate about funding unbudgeted needs that support providers and staff.

"I hope this fund will contribute to that culture of excellence by recognizing people who do amazing things for cancer patients on a daily basis. I hope it helps promote a sense of pride for what we've built together," Dr. Garg says. "If we can use these funds to provide some happiness to others for what they contribute, then we've made the institution, the community, a better place," he says.

Amit Garg, MD, is Medical Director of Radiation Oncology for Presbyterian Medical Group. A board-certified radiation oncologist, Dr. Garg received his medical degree from Baylor College of Medicine in Houston, Texas. He completed a residency in radiation oncology at The University of Texas MD Anderson Cancer Center in Houston. He also has a master's degree in biomedical ethics from Case Western Reserve University in Cleveland, Ohio.



"I feel blessed to have a wonderful, caring and supportive family, including my wife and my parents. My dad instilled in me, my brother and my kids, that a sense of gratitude is part of our well-being, our daily life. It's part of me, part of our family, to always be grateful for what we have, what we've been given. It starts with where you work and what communities you're part of."

– Dr. Amit Garg

donor profile

Martin Gifts Lift Up Local Healthcare

Driven to GIVE

Cathy Aimone-Martin, PhD, attributes her drive to her father's success as a Detroit Federal Screw Works president, along with her mother's breakfast table words of wisdom. "I think they taught me valuable lessons to strive as high as possible in life and to always be humble and kind to others," she says.

As the first woman to hold a PhD in mining and explosives engineering, Dr. Aimone-Martin has taken those lessons to heart. She studied soil and rock mechanics and became a mining and geological engineer. When she became a single mother of two young daughters, she pursued her PhD in civil engineering, specializing in explosives engineering. She chose to teach at New Mexico Tech in Socorro not only for its small size and emphasis on explosives, but more importantly, the sense of community she felt and what that community could provide for her children.

"That was 42 years ago, and I have never looked back," she says.

Today, Dr. Aimone-Martin and her husband James live outside Socorro, where she runs Aimone-Martin Associates, LLC, a consulting company that works on large-scale blasting projects like the World Trade Center reconstruction, new locks at the Panama Canal, Folsom Dam and spillway, among others. It was not until the pandemic when two of her family members needed specialized end-of-life care that she and James realized how fortunate they are to have local healthcare and resources through Socorro General Hospital.

"All the sudden, I realized we need to do more to support our hospital. I saw urgent needs to update the hospital not just for patients but also for the staff. So, we got busy. We donated funds to update two rooms in the names of our loved ones who passed," she says. But the Martins' generosity did not stop there. Touring the hospital one day, Dr. Aimone-Martin came across the healing garden that had been neglected during COVID-19. Recognizing that the nurses and other staff members needed a place to relax and regroup, the Martins made a gift to restore the garden, including adding an artistic stone fountain, low-voltage lighting, additional seating and a redesigned garden layout.

Endowing Education

The Martins have also created The Cathy and James Martin SGH Staff Scholarship Endowment, a permanent endowment for an employee scholarship program that awards two scholarships each year, with priority given to employees who are actively pursuing an advanced nursing degree.

“Being an educator, I want to make sure we can contribute to the costs of education and encourage more young adults to seek nursing as a career,” Dr. Aimone-Martin says.

Recognizing the shortage of Emergency Medical Technicians (EMT) in Socorro County, the Martins also recently sponsored an EMT training program for 20 people.

“Healthcare is the foundation of our rural communities that unites us all. We are blessed to be able to respond to our community’s needs as they arise,” Dr. Aimone-Martin says. “We want to keep our gifts in the community, in the hospital, where the needs are most critical and can have widespread benefit.”



“I hope that gift-giving, no matter how small, will encourage our community to give the staff the support they need to upgrade medical equipment and furnishings and alleviate financial concerns so staff can tend to patients without worry.”

– Cathy Aimone-Martin

“I can’t tell you how much the morale of my staff has been improved by having this space.”

–Veronica Pound,
Hospital Chief Executive
and Chief Nursing Executive
at Socorro General Hospital

giving gallery

Laughter Celebrates a Record-breaking Year

This year, Presbyterian Healthcare Foundation partnered with Presbyterian Community Health to make magic happen at Laughter is the Best Medicine, the organization's annual fundraising gala. After two long years of altered events, our community came together to support the Peer Support program with enthusiasm. Thanks to sponsors, table and ticket purchasers, auction purchasers and cash donors, Laughter netted **more than \$477,000**.

By sharing their stories, peer support specialists serve as powerful mentors and guide others along the recovery path with empathy and understanding. Proceeds from the event will enable the expansion of the program to address depression and other mental health issues facing so many of our patients.

We'd like to express our sincere appreciation to this year's event sponsors, including our presenting sponsors, T-Systems and Wells Fargo.

Additional donations in support of the Peer Support program can be made through our website at laughter.phs.org.





giving gallery

Donor Appreciation Reception Returns

After a two-year hiatus, the Donor Appreciation Reception resumed this year, just in time to celebrate the 50th Anniversary of Albuquerque's International Balloon Fiesta. While weather kept the balloons from glowing, guests thoroughly enjoyed the new drone show, fireworks, and reconnecting post-pandemic.



giving

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Healthcare Foundation

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JOIN US
MARCH 16-17, 2023

 **PRESBYTERIAN**
Healthcare Foundation

Daffodil Days

For the Presbyterian
Robert Wertheim Hospice House

When
Generosity
Blooms

Your support of Daffodil Days will help us reach more families with warm and compassionate care. Daffodil preorders begin in January 2023.

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